

# Counseling Services



At Interactive Kids, we strive to provide our clients and their families with quality mental health services, informative resources, and most importantly, hope. Backed by our group of compassionate and experienced therapists, we treat behavioral and mental health challenges in children and young adults. Our goal is to help each client decrease distress and improve their ability to reach one's fullest potential.

## Treatment Focuses

Our treatment focuses on the individual needs of each client and family. Common areas include, but are not limited to:

Developing Healthy Coping Skills

Executive Functioning

Distress Tolerance

Interpersonal Skills

Improving Mood

Decreasing Anxiety

Anger Management

Psychoeducation

Symptom Management

Treatment approaches may include Cognitive Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT), Play Therapy, Internal Family Systems, Trauma-Based Interventions, or a unique combination based on the needs and preferences of our clients.

**Counseling Services are offered at our Marlton, Cherry Hill, and Linwood, NJ offices.**

Insurance coverage may be available.

 [counseling@interactivekids.com](mailto:counseling@interactivekids.com)

 856-810-7599  [www.InteractiveKids.com](http://www.InteractiveKids.com)

  
**Apply Here**

