

Interactive Kids'
Summer Program 2025

Arctic Adventure

Location: Congregation Beth El

Dates: Monday, June 30th - Friday, August 22nd

WEEK 1: WARMING UP (June 30 - July 3)

introduction to camp, self, and finding common interests

WEEK 2: BREAKING THE ICE (July 7 - 11)

conversational skills

Week 3: TIP OF THE ICEBERG (July 14 - 18)

identifying and expressing emotions and body language

WEEK 4: WALKING ON THIN ICE (July 21 - 25)

identifying our triggers and managing our reactions

WEEK 5: CHILLING OUT (July 28 - August 1)

self-regulation and coping strategies

WEEK 6: S-NO-W PROBLEM TOO BIG (August 4 - 8)

conflict resolution

WEEK 7: FISHING FOR A NEW VIEW (August 11 - 15)

perspective taking

WEEK 8: I-GLOOING IT ALL TOGETHER (August 18 - 22)

review of all skills learned

PRICING PER CLIENT

Daily Rate:

FULL DAY: \$300

HALF DAY: \$150

FOR MORE INFORMATION

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